

Jigsaw Curriculum - Changing Me unit

Year 5

Week	Learning intentions
Week 1	I am aware of my own self-image and how my body image fits into that
Week 2	I can explain how a girl's body changes during puberty and understand the importance of looking after yourself physically and emotionally
Week 3	I can describe how boys' and girls' bodies change during puberty
Week 4	I understand that sexual intercourse can lead to conception and that is how babies are usually made I also understand that sometimes people need IVF to help them have a baby
Week 5	I can identify what I am looking forward to about becoming a teenager and understand this brings growing responsibilities (age of consent)
Week 6	I can identify what I am looking forward to when I am in Year 6